

Helping Our Neighbors in Need!



Attention Parish Priests, Parish Council & all Parishioners

For 40 years we have pledged our support to help our hungry neighbors in need in our local communities between October and December.

Our world is still feeling the effects of the pandemic and now, inflation. This past year our parishes have aided our own parishioners in need, as well as those in our local communities.

We continue to suffer from the devastating effects of hurricanes, tornados, torrential rain, storms, flooding, droughts and fires. Many have lost their loved ones, their livelihoods and their homes.

We Can Still:

- *help our neighbors in need*
- *feed the hungry*
- *help the homeless*
- *offer aid to the afflicted*

Our parishes can reach out to their local community and food banks to see what is needed the most. We are still being challenged in many ways, but with our Faith and commitment we can still help those in need!



Most Requested Items To Donate:



**It's
Easy
to
Help !**

- Water, Hand Sanitizer, Masks
- Canned Soups (include a can opener)
- Pasta Meals & Canned Sauce
- Canned Meat & Fish
- Canned Fruit & Vegetables
- Fresh Produce & Fruit
- Allergy Friendly Food Options
 - Gluten Free, Nut Free, Dairy Free
- Flour, Cornmeal, Rice, Dry Beans, Peanut Butter & Jelly, Crackers
- Shelf Stable Milk, Cereals, Cooking Oils
- Pancake & Muffin Mix that Only Require Water, Instant Foods, Boxed Meals
- Baby Food, Juice Boxes, Apples Sauce & Granola Bars
- Baby Diapers & Wipes
- Blankets, Underwear, Shoes and Socks (Socks #1 requested item)
- Household Cleaning Supplies & Paper Products
- Hand Soap, Shampoo, Body Wash, Deodorant, Toothbrush, Toothpaste, Floss, Body Wipes, Mouthwash, Gloves, Razors, Shaving Cream, Feminine Hygiene Products, Combs & Brushes
- First Aid Kits





**Since 1984 we have collected
and distributed over 7
million pounds of food.**

Please weigh your food. This can be done quite easily by totaling the amount of food weight listed on each can.

Parishes will distribute the **food to the needy in their local community**. Through this activity, people everywhere will be expressing their faith and sharing their love.

Please inform us of all your charitable activities. What are you doing to help our brothers and sisters in need? What else can we do to help those in need? We want to share this information with the entire Archdiocese!

In the United States, one in five people struggle with hunger, and many rely on food from local food banks to help feed their families. We're about to embark on the holiday season, which is an especially difficult time to live with food insecurity – that is, not knowing when you will get your next meal. You can help by supporting your local food pantry, food banks or shelters!



Thanks to your generosity, we have been able to assist the hungry, the homeless, the afflicted and the oppressed for **over four decades**. Through your love and concern, you have allowed us to care for the needs of those less fortunate.

*No one deserves to go to
bed hungry!*



St. George Orthodox Church in Geneva, New York distributes free food every third and fourth Saturday of the month. More than 80 families were fed on this particular day. Left to right - Ed Latz, Steve Tobey and Kathleen Purdie

Church helps out in distributing food



Below, St. George, New Kensington, PA, distributing 125 brown bag lunches with Fr Justin Mokhiber and Teen SOYO members, Anthony Florian, Yousef Buchi, Bobby Abraham. Bottom picture, Sh. Lori Cavalier, Joan Matt & Deb Smith with thousands of pounds of fresh food given out.



NEW GRANT PROGRAM

GRANT PROGRAM APPLICATION to assist Parishes with their local charitable work is now available online on the Archdiocese Website.

[Grant Program Application Link](#)

“The merciful person is he who gives to others what he himself received from God, whether it be money, or food, or strength, a helpful word, a prayer, or anything else he has through which he can express his compassion for those in need.”

– St. Peter of Damascus



Please review the attached Food For Hungry People detailed Parish Donation List for 2021, 2022, & 2023. Contact us if you have any questions, additions, or corrections.

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